"God loves a cheerful giver."

2 Corinthians 9:7

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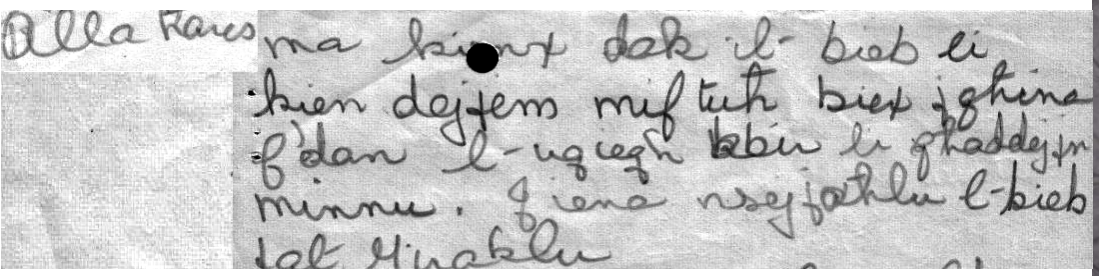
Facebook: Sjaf Antide Centre
Registration number: VO/0005

The St. Jeanne Antide Foundation (SJAF) is a registered NGO committed to identifying and supporting in a holistic manner very vulnerable and poor families at community level and beyond. It was set up by the Malta Province of the Sisters of Charity of St Jeanne Antide in collaboration with lay persons.

The families who benefit from the range of services provided by the Foundation feel overwhelmed and are in distress due to a number of factors. These factors include chronic mental health problems of a family member or more; illiteracy and unemployment; severed family relations; insufficient means to live a decent life; decrepit housing and disorganized home environment. Being a family-focused organisation, the services offered benefit different age groups. In order to identify hard-to-reach families, the Foundation undertakes community outreach work in zones with a concentration of families facing complex life challenges. Collaborative relations are maintained with parish and local structures as well as with state agencies and other NGOs so as to ensure the best possible support to families.



Between late 2007 and 2013, the Foundation supported ***2,806*** individuals from ***1,676*** vulnerable families.

The staff team includes 64 volunteers.

Stay connected to us by reading our monthly electronic magazine. Access it from our website:
www.antidemalta.com

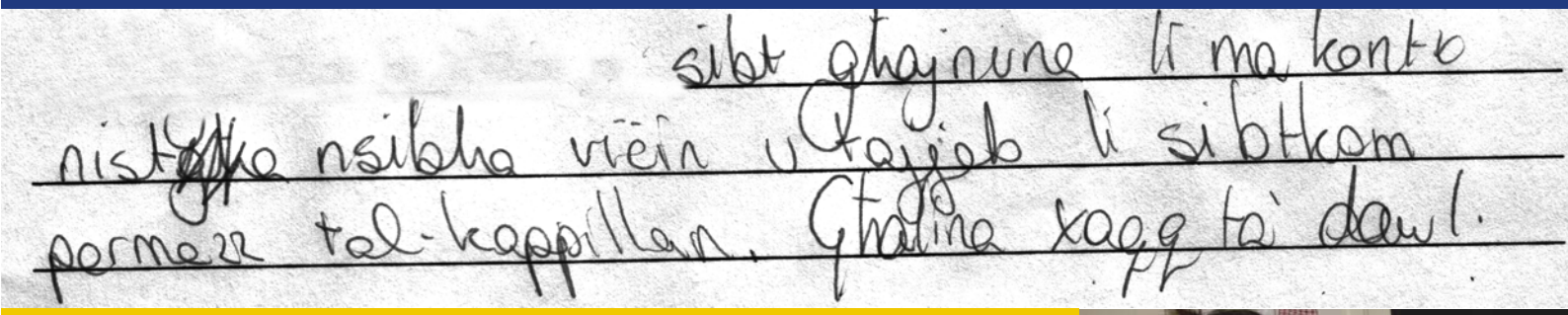
The spirit with which we work

- Professionals and volunteers, nuns and lay persons, working together;
- Services provided at community level, as close as possible to the vulnerable families we serve. We get to know the community well and prepare a Community Profile;
- Services are family-focused and cut across sectors – social care, education, mental health;
- Depressed neighbourhoods are identified and outreach work carried out. Workers knock on doors and build relations with vulnerable families;
- We listen so as to identify needs and respond to needs swiftly and in a creative manner;
- Multidisciplinary teamwork and volunteer involvement are key cornerstones;
- Duplication of services is avoided;
- Advocacy on behalf of families who have no voice;
- Qualitative and quantitative information is gathered for accountability purposes;
- Group-work opportunities for all ages is created (children, youths, adults, grandparents);
- Collaborative work with other providers at local & national levels;
- We make use of the community radio to reach out to families in difficulty;
- We really love the families we work with;
- We encourage persons we support to become volunteers;
- We reflect about our work and about patterns observed and systemic issues;
- We keep ourselves informed of developments, including national policies and plans;
- Workers have a mentor or professional supervisor. Workers mentor a service user;
- Spirituality is key to our life & practice;
- We don't give up on service users.

"Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion."

2 Corinthians 9:7

Forgiveness: if you want help to be able to forgive someone, despite the years that have gone by, contact us. You can also download a booklet on forgiveness from our website:
http://www.antidemalta.com/LIBRARY/Kif%20Tahfer.pdf



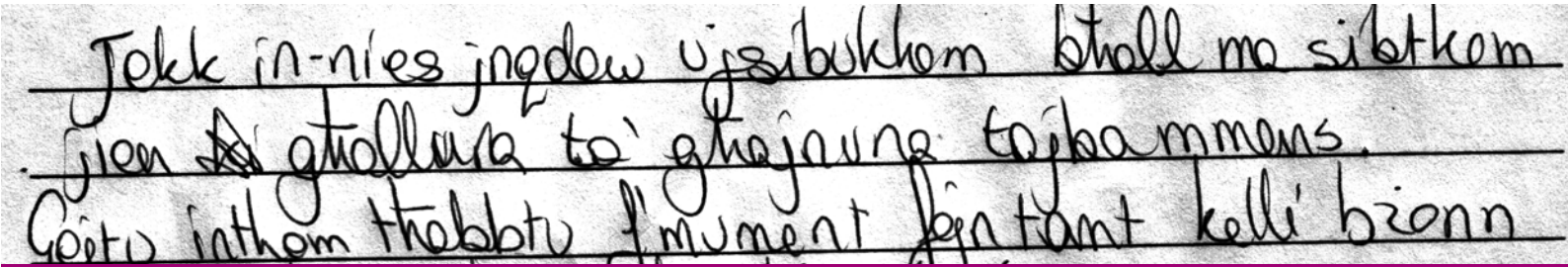
Why does the Foundation focus on very vulnerable families?

Because:

- they have no voice;
- they are often outside the radar of mainstream services, or have a tenuous link with them;
- they are enmeshed in a web of factors;
- they lack the means, ability, state of mind and are sliding into poverty;
- they are less resourceful in meeting their acute needs;
- they are socially excluded.

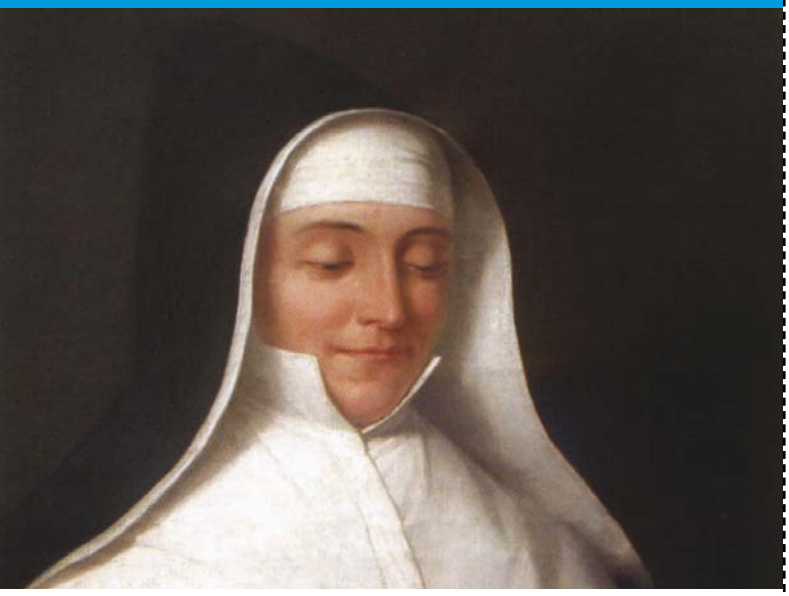
Meet some of the families we help

- Louise and her husband Mario live in three undeground dilapidated, humid and inadequately ventilated rooms with their five young children. Mental health problems, chronic ill health, low education and inadequate means have rendered the family vulnerable and poor. The Foundation works closely with the family in the following areas: re-connecting with the state mental health services; guidance on effective management of medication; learning support for the children and literacy sessions for the mother; advocacy work regarding the housing situation and getting much needed furniture.
- Lina suffers from hoarding mania and lives in two rooms rendered unsafe due to an accumulation of filth, clothes and other discarded and moulding objects that clutter all available space. The Foundation helped Lina to re-connect with the mental health support system, manage her medication, access community based occupational therapy, clear the house, apply for home repair from Housing Authority, link up to volunteers from the parish, drop-in at Ċentru Antida to talk with someone as often as needed and to generally enhance her quality of life.
- Jason is a young person who lacked nurture, love and support since childhood. The Foundation helped him access the Foundation's drop-in centre on a daily basis, accompanied him for psychiatric assessment and diagnosis, matched him with an experienced literacy tutor to learn how to read and write, accompanied him to a speech and language pathologist to treat his speech impairment, admitted him to the Foundation's Bridge basic skills training programme for disadvantaged youths, included him in two Live-ins for youths at risk, helped him start a bank account and learn how to manage his welfare benefits, learn to use a computer and access a peer support group through which, for the first time, he made friends.



"Learn to be content with the simple necessities of life. Transcend your cravings for more and more things. Give up unnecessary comforts. Seek only God. Your wealth and glory should come from him only."

(DL:25)



St Jeanne Antide Thouret was a woman who suffered much. Her source of strength was her deep faith in God and her absolute readiness to be a channel of his love for humanity. During the French revolution, she walked from France to the Austrian border, caring for the sick and hungry. Back in France, on her own, she started soup kitchens and schools for poor children. She ran hospitals and became an administrator of a prison where she introduced a system that brought dignity and hope for a better life to prisoners through food, hygiene, work, and education.

Together with the courageous women who followed her, she started a religious congregation which today spans 28 countries. Her example was through prayer and hard, but loving-kind, work in support of the poorest of the poor. Through her letters and circulars to her sisters, she always emphasised a number of key virtues - humility, love, engagement in service with poor people, recognising and transcending one's ego, and learning to give up one's will so as to be a clear channel of God's divine grace and love.

"In the presence of the poor, consider nothing except Jesus. Serve the poor in the same way that you serve Jesus. Serve them with humility, respect, compassion and love."

(DL:27)

st. jeanne antide foundation

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Record of your donations:

	Date:	Activity:	Amount donated
1.			
2.			
3.			
4.			

"You give but little when you give of your possessions. It is when you give of yourself that you truly give."

Kahlil Gibran

Please enable us to continue helping very vulnerable individuals and families in the loving, professional and holistic manner that we do.

How you can help:

- *If you are getting married: make a donation instead of buying wedding souvenirs.*
- *If you are having a birthday party*: ask friends to make a donation instead of buying a gift.
- *If you are having a wedding anniversary celebration*: convince your guests to make a donation instead of buying a gift.
- *For funerals*: you may wish to make a donation instead of buying flowers.
- *Get Togethers*: organise a spontaneous collection.
- You may wish to send us a monthly or annual donation, whatever the amount.
- You can encourage others to consider donating to the Foundation.
- Ask your employer for a matching scheme which will make your contribution go even further!
- Become a HELP-SJAF Champion and ask friends and family to make a donation.

To get started fill out our sign up form, or email us for more info.

Payment Options:

Your donation is truly appreciated. It enables us to sustain our services to vulnerable individuals and families. Donations to the St Jeanne Antide Foundation can be made as follows:

- Cheques issued to: St Jeanne Antide Foundation. Address: 51 Tarxien Road, Tarxien TXN 1090
- Local bank transfers:
  APS 2000 06 2940 **BOV** 4002003379-0
  HSBC 013175021001 **BANIF** 00210404101
- If you are a Go/Vodafone/Redtouch subscriber you can donate by sending a blank SMS (SMS tariffs applicable): €2.33 – 50617371 €4.66 - 50618095 €6.99 – 50618909 €11.65 – 50619217
  You will receive a text message of thanks and acknowledgement
- For bank transfers from overseas: APS Bank, 146/147, Antoine De Paul Square, Paola PLA1260
  Bank Code (Swift) APSBMTMT IBAN No: MT95 APSB 7708 0005 5047 2000 0629 402 (last 11 digits are the account number)

"Then celebrate .... by giving a freewill offering in proportion to the blessings the LORD your God has given you."

Deuteronomy 16:10

Contact us: 21809011; 21808981; 27672367
or via email: sjafngo@gmail.com

Thank you immeasurably for your kind heartedness. The Sisters of Charity and Foundation workers will pray for you and your family.

Sr M. Salvina Bezzina soc
Chairperson, Governing Board

Nora Macelli
CEO

The policy of the Foundation is determined by a Governing Board.

Version 3, February 2014

Services

1. **The Antide Family Resource Centre** in the heart of Tarxien. Open from 7.30am to 5 pm daily in winter time (sometimes later as well).
2. **Community Social Work, Counselling and Emotional Freedom Service:** Includes:
   - **Social Work:** home-visits, outreach work, advocacy, referral, information, emotional support Cathchment areas: Tarxien, Paola, Fgura, Żabbar, Santa Lucia.
   - **Emotional Freedom Service** for persons wishing to learn how to manage negative emotions;
   - **Counselling.**
   - **Befriending Service** for lonely, home-bound elderly persons.
   - **SOAR advocacy and support group** for victims and survivors of domestic violence **(soarmalta@gmail.com)**
   - **Volunteer Handymen** in support of vulnerable and poor families.
3. **Learning Support Service** for vulnerable persons supported by Foundation Social Workers. Includes: ***For Children:*** weekly learning support for primary level students; ***For adults:*** non-formal learning opportunities such as self-esteem groups & literacy.
4. **LWIEN Service - caring for family carer-givers:** support for family caregivers of persons with mental health problems. Includes family consultations, counselling, support groups, home-visits, social work.
5. **IRENE Project** in support of very vulnerable women involved in street prostitution.
6. **Volunteering Programme:** range of volunteering opportunities included supported volunteering for service users.
7. **Overseas Development Projects:** SJAF works with partners in developing countries to formulate anti-poverty projects. It has also arranged for public funding of such projects in Pakistan, Central African Republic, South Sudan and Malawi.
8. **Fundraising Group:** Bazaar in Tarxien; Charity Sale in St Julians (lower end of St Julians Hill)
9. **Centring Prayer** Groups for contemplative prayer practice.

"We make a living by what we get, but we make a life by what we give."

Winston Churchill

SIGN-UP Form

I would like to become a Help-SJAF champion

Name: _____ Surname: _____

Address & Post Code: _____

Email: _____ Telephones: _____

We acknowledge donations. Kindly enable us to send you a receipt by entering your details above. Thank you. We promise to pray for you and your family.

"...they gave as much as they were able, and even beyond their ability. Entirely on their own... see that you also excel in this grace of giving."

2 Corinthians 8