



## Foundation SERVICES

**1. Family Services Centre—Ċentru Antida** at 51, Tarxien Road, Tarxien. Open from 7.30am to 4 pm daily in winter time (sometimes later as well).; up to 1pm in summer. Serves localities of Tarxien, Paola, Fgura, Santa Lucia and Birżebbuġa . Social Work, community outreach, advocacy, referral, information, emotional support, support groups, in-kind supports. **Volunteering** opportunities, included inclusive volunteering for service users. **Volunteer Handymen** in support of vulnerable and poor families. **Bazaar** in Tarxien (recycling and fundraising).

**2. SOAR Service: advocacy and support** for victims and survivors of domestic violence . Includes workshops on dating and domestic violence for young persons. Tel No. 99927872 from 9:30am to 5pm. Email: [soar@antidemalta.org](mailto:soar@antidemalta.org)

**3. LWIEN Service – support for family carers-givers** of persons with mental health problems. Includes family consultations, counselling, home-visits, social work, advocacy, literature.

**4. Emotional Freedom Service** for persons wanting to be free from their anger, fear or other emotional distress.

PUBLICATIONS: ask us for list or visit our website [www.antidemalta.org](http://www.antidemalta.org)

## WAYS OF DONATING

Your donation is truly appreciated. It enables us to sustain our services to vulnerable and poor individuals and families in distress. Donation to the St Jeanne Antide Foundation can be made as follows:

**Cheque** to be issued to The St Jeanne Antide Foundation and posted to the Foundation:  
51 Tarxien Road, Tarxien TXN 1092

### Local Bank Transfers:

**APS IBAN** MT95APSB77080005504720000629402  
**BOV IBAN** MT28VALL22013000000040020033790  
**HSBC IBAN** MT50MMEB44130000000013175021001  
**BANIF IBAN** MT49BNIF14502000000000210404101

**Go/Vodafone/Redtouch:** send a **blank SMS** (SMS tariffs applicable):

€2.33 – 50617371    €4.66 – 50618095  
€6.99 – 50618909    €11.65 - 50619217

You will receive a text message of thanks and acknowledgement

### Overseas Bank Transfers:

APS Bank, 146/147, Antoine De Paul Square, Paola PLA1260  
Bank Code (Swift) APSBMTMT  
IBAN No: MT03 APSB 7708 0005 5047 2000 0681 886  
(last 11 digits are the account number).

## HOW YOU CAN HELP US - OTHER OPTIONS

- If you are getting married: make a donation instead of buying wedding souvenirs.
- If you are having a birthday party: ask friends to make a donation instead of buying a gift.
- If you are having a wedding anniversary celebration: convince your guests to make a donation instead of buying a gift.
- For funerals: you may wish to make a donation instead of buying flowers.
- Get Together: organise a spontaneous collection.
- You may wish to send us a monthly or annual donation, whatever the amount.
- You can encourage others to consider donating to the Foundation.
- Ask your employer for a matching scheme which will make your contribution go even further!
- Food donation or Vouchers from Supermarkets are also welcome.

*Become a HELP-SJAF Champion and ask friends and family to make a donation.*

**CONTACT US:** [info@antidemalta.org](mailto:info@antidemalta.org)

**THANK YOU!**

**WE PROMISE TO PRAY FOR YOU AND YOUR FAMILY**



## SERVIZZI tal-Fondazzjoni

### 1. Ċentru Antida għal Servizzi għal Familji

51, Triq Ħal Tarxien, Ħal Tarxien. Miftuħ mis-7:30 ta' filgħodu sal- 4 ta' wara nofsinhar fix-Xitwa u sas-1 ta wara nofsinhar fil-ġranet tas-Sajf. Nilhqu il-lokalitajiet ta' Ħal Tarxien, Raħal Ġdid, Fgura, Santa Lucia u Birżebbuġa. Social Work, advocacy, referral, żjajjar fid-djar ta' familji, informazzjoni, ħelsien emozzjonali, gruppi ta' support.

**Xogħol Volontarju:** Opportunitajiet għal volontarjat speċjalment għal min juża is-servizzi tal-Fondazzjoni.

**Volunteer Handymen** Xogħol tal-manutenzjoni lil-familji fqar u vulnerabili.

**Bazaar** f'Ħal Tarxien (riċiklar ta' oġetti u ġbir tal-fondi).

### 2. Servizz SOAR: advocacy u support għal vittmi u survivors ta' vjolenza domestika.

Jinkludi workshops għaž-żgħazagħ fuq dating u vjolenza domestika.

Tel No. 99927872 matul il-jum

Email: [soar@antidemalta.org](mailto:soar@antidemalta.org)

### 3. Servizz LWIEN – support għal-qraba li jieħdu ħsieb membri tal-familja bi problem ta' saħħa mentali.

Servizzi jinkludi konsulenti għal familja, counselling, gruppi ta' support, żjajjar fid-djar u social work, advocacy, letteratura.

### 4. Servizz Ħelsien Emozzjonali għal persuni li jridu jkunu ħielsa mir-rabja, biża u distress emozzjonali ieħor;

Publikazzjonijiet minn fuq il-website

[www.antidemalta.org](http://www.antidemalta.org)

### KIF TISTA' TIBGĦATILNA DONAZZJONI

Napprezzaw donazzjonijiet li jagħmluha possibbli għalina biex inkomplu ngħinu familji vulnerabbli u foqra. Donazzjonijiet lil Fondazzjoni ta' St Jeanne Antide jistghu isiru b'dawn il-modi:

**Ċekkijiet** għandhom jiġu indirizzati lill-Fondazzjoni St Jeanne Antide fuq l-Indirizz:

51 Tarxien Road, Tarxien TXN 1090

#### Bank Transfers Lokali:

**APS IBAN** MT95APSB77080005504720000629402  
**BOV IBAN** MT28VALL22013000000040020033790  
**HSBC IBAN** MT50MMEB44130000000013175021001  
**BANIF IBAN** MT49BNIF14502000000000210404101

**Go/Vodafone/Redtouch:** tista' tibgħat SMS vojti (tarriffi tal-SMS japplikaw):

€2.33 – 50617371 €4.66 – 50618095

€6.99 – 50618909 €11.65 – 50619217

Tircievi lura SMS ta' ringrazzjament.

#### Bank transfers minn pajjiżi oħra:

APS Bank, 146/147, Antoine De Paul Square, Paola PLA1260

Bank Code (Swift) APBMTMT

IBAN No: MT03 APSB 7708 0005 5047 2000 0681 886

(l-aħħtar 11-il numru huma n-numru tal-akkont)

### KIF TISTA' TGHINNA—METODI OHRA

Jekk se tiżżewweg tista' tagħti donazzjoni flok is-souvenirs lill-mistednin.

- Għal party tal-Birthday, heggeg lill ħbiebek jagħmlu donazzjoni minflok rigal.
- Għall-anniversarju tat-tieg, heggeg lill-mistednin jagħtu donazzjoni flok rigal.
- Għall-funerali, ikkunsidra donazzjoni flok fjuri.
- Ħruġ għall-ikel ma' ħbieb: organizza ġbir għal donazzjoni.
- Jew forsi tikkunsidra tibgħatilna xi haġa kull xahar.
- Heggeg 'il ħaddieħor jibgħat donazzjoni.
- Staqsij lil min iħaddmek biex joħroġ somma daqs dik li tkun ġbart mal-kollegi tiegħek tax-xogħol.
- Tista tibgħat wkoll donazzjoni ta' affarijiet tal-ikel jew vouchers mingħand supermarkets.

*Sir HELP-SJAF Champion u saqsi l-ħbieb u l-familja biex jgħamlu donazzjoni.*

**IKKUNTATJANA:** [info@antidemalta.org](mailto:info@antidemalta.org)