



Foundation SERVICES

1. Family Services Centres:

-Ċentru Antida Family Resource Centre, 51, Tarxien Road, Tarxien. Open from 7.30am to 5 pm daily in winter time (sometimes later as well).; up to 1pm in summer Serves localities of Tarxien, Paola, Fgura and Santa Lucia. Social Work, community outreach, advocacy, referral, information, emotional support, support groups.

Volunteering opportunities, included inclusive volunteering for service users.

Volunteer Handymen in support of vulnerable and poor families.

Learning Support for vulnerable persons supported by Foundation Social Workers. Includes:

For Children: weekly learning support for primary level students;
For adults: non-formal learning opportunities such as self-esteem groups & literacy.

Volunteer Befriending for lonely, home-bound elderly persons.

Bazaar in Tarxien (recycling and fundraising).

-Ċentru Enrichetta Family Resource Centre, Misraħ il-Pajtier, Birżebbuġa. Open Mondays, Tuesdays and Wednesdays from 8am to 2pm. Social Work service; Family Literacy Support Programme; MCCF service on Tuesdays from 8am to 11am. Tel No. 21652038—99960381.

Bazaar in Birżebbuġa (recycling and fundraising).

2. LWIEN Service – support for family carer-givers of persons with mental health problems. Includes family consultations, counselling, support groups, home-visits, social work.

3. SOAR Service: advocacy and support for victims and survivors of domestic violence. Includes workshops on dating and domestic violence for young persons.

Tel No. 99927872 from 9:30am to 5pm.

Email: soar@antidemalta.org

4. Y-ASSIST initiative: two supported **accommodation** for vulnerable homeless mothers and their children.

5. Emotional Freedom Service for persons wanting to be free from their anger, fear or other emotional distress.

6. Overseas Development Projects: SJAF works with partners in developing countries to formulate anti-poverty projects. It has also arranged for public funding of such projects in Pakistan, Central African Republic, South Sudan, Malawi and Peru.

7. Centering Prayer Group for contemplative prayer practice.

PUBLICATIONS: ask us for list or visit our website

www.antidemalta.org

WAYS OF DONATING

Your donation is truly appreciated. It enables us to sustain our services to vulnerable and poor individuals and families. Donation to the St Jeanne Antide Foundation can be made as follows:

Cheque issued to The St Jeanne Antide Foundation and posted to the Foundation:
51 Tarxien Road, Tarxien TXN 1092

Local Bank Transfers:

APS IBAN MT03APSB77080005504720000681886

BOV IBAN MT28VALL22013000000040020033790

HSBC IBAN MT50MMEB44130000000013175051001

BANIF IBAN MT49BNIF1450200000000210404101

Go/Vodafone/Redtouch: send a **blank SMS**

(SMS tariffs applicable):

€2.33 – 50617371 €4.66 – 50618095

€6.99 – 50618909 €11.65 - 50619217

You will receive a text message of thanks and acknowledgement

Overseas Bank Transfers:

APS Bank, 146/147, Antoine De Paul Square, Paola PLA1260

Bank Code (Swift) APBMTMT

IBAN No: MT03 APSB 7708 0005 5047 2000 0681 886

(last 11 digits are the account number).

HOW YOU CAN HELP US - OTHER OPTIONS

- If you are getting married: make a donation instead of buying wedding souvenirs.
- If you are having a birthday party: ask friends to make a donation instead of buying a gift.
- If you are having a wedding anniversary celebration: convince your guests to make a donation instead of buying a gift.
- For funerals: you may wish to make a donation instead of buying flowers.
- Get Together: organise a spontaneous collection.
- You may wish to send us a monthly or annual donation, whatever the amount.
- You can encourage others to consider donating to the Foundation.
- Ask your employer for a matching scheme which will make your contribution go even further!

*Become a **HELP-SJAF Champion** and ask friends and family to make a donation.*

CONTACT US: info@antidemalta.org

THANK YOU!

WE PROMISE TO PRAY FOR YOU AND YOUR FAMILY



SERVIZZI tal-Fondazzjoni

1. Family Services Centres:

-Ċentru Antida Family Resource Centre, 51, Tarxien Road, Tarxien. Miftuh mis-7:30 ta' filgħodu sal-5 ta' filgħaxija fix-Xitwa u sas-1 ta wara nofsinhar fil-ġranet tas-Sajf. Nilhqu il-lokalitajiet ta' Htal Tarxien, Raħal Ġdid, Fgura u Santa Lucia. Social Work, community outreach, advocacy, referral, informazzjoni, ħelsien emozzjonali, gruppi ta' support.

Xogħol Volontarju: Opportunitajiet għal volontarjat speċjalment għal min juża is-servizzi tal-Fondazzjoni.

Volunteer Handymen Xogħol tal-manutenzjoni lil-familji fqar u vulnerabili.

Għajnuna fit-Tgħalim għal persuni vulnerabili li jużaw is-servizzi tal-Fondazzjoni. Jikkonsisti: Għat-tfal: għajnuna fit-tgħalim akkademiku f'livell primarju. *Għal-adulti:* Opportunitajiet fl-edukazzjoni mhux formali, bħal gruppi ta self-esteem u literacy.

Volunteer Befriending għal persuni li jhossuhom waħedhom, u ma jistgħux joħroġu mid-dar.

Bazaar f'Hal Tarxien (riċiklar ta' oġetti u ġbir tal-fondi).

-Ċentru Enrichetta Family Resource Centre, Misraħ il-Pajtier, Birżebbuġa. Miftuh nhar ta' Tnejn, Tlieta u nhar ta' Erbġha. Bejn it-8 ta' filgħodu sas-2 ta' wara nofsinhar. Social Work service; Family Literacy Support Programme; Servizz tal-MCCF kull nhar ta' Tlieta, mit-8 ta' filgħodu sas 11 ta filgħodu. Tel No. 21652038 / 99960381.

Bazaar f'Birżebbuġa (riċiklar ta' oġetti u ġbir tal-fondi).

2. Servizz LWIEN – support għal-qraba li jieħdu ħsieb membri tal-familja bi problem ta' saħħa mentali. Servizzi jinkludi konsulenti għal familja, counselling, gruppi ta' support, zjajjar fid-djar u social work.

3. Servizz SOAR: advocacy u support għal vittmi u survivors ta' vjolenza domestika. Jinkludi workshops għaż-żgħażaġh fuq dating u vjolenza domestika. Tel No. 99927872 mid-9:30 ta' filgħodu sal-5 ta filgħaxija. Email: soar@antidemalta.org

4. Y-ASSIST: żewġ residenzi marbuta ma' programm edukattiv għal nisa vulnerabbli, bla għajnuna minn familthom u bla saqaf, u uliedhom.

5. Servizz Ħelsien Emozzjonali għal persuni li jridu jkunu ħielsa mir-rabja, biża u distress emozzjonali ieħor;

6. Proġetti barra minn Malta. SJAF taħdem bi shab ma entitajiet f'pajjiżi li għadhom qed jizviluppaw fuq proġetti kontra l-faqar. SJAF kienet strumentali biex jinkisbu fondi pubbliċi għal proġetti li saru fil-Pakistan, Central African Republic, South Sudan, Malawi u Peru.

7. Centering Prayer Group għal prattika ta' talb komplementattiv.

KIF TISTA' TIBGĦATILNA DONAZZJONI

Napprezzaw donazzjonijiet li jagħmluha possibbli għalina biex inkomplu ngħinu familji vulnerabbli u foqra. Donazzjonijiet lil Fondazzjoni ta' St Jeanne Antide jistgħu isiru b'dawn il-modi:

Ċekkijiet għandhom jiġu indirizzati lill-Fondazzjoni St Jeanne Antide fuq l-Indirizz:

51 Tarxien Road, Tarxien TXN 1090

Bank Transfers Lokali:

APS IBAN MT03APSB77080005504720000681886
BOV IBAN MT28VALL22013000000040020033790
HSBC IBAN MT50MMEB44130000000013175051001
BANIF IBAN MT49BNIF14502000000000210404101

Go/Vodafone/Redtouch: tista' tibgħat SMS vojtt (tarriffi tal-SMS japplikaw):

€2.33 – 50617371 €4.66 – 50618095

€6.99 – 50618909 €11.65 – 50619217

Tircievi lura SMS ta' ringrazzjament.

Bank transfers minn pajjiżi oħra:

APS Bank, 146/147, Antoine De Paul Square, Paola PLA1260
 Bank Code (Swift) APSBMTMT
 IBAN No: MT03 APSB 7708 0005 5047 2000 0681 886
 (l-aħħtar 11-il numru huma n-numru tal-akkont)

KIF TISTA' TGHINNA—METODI OHRA

Jekk se tiżżewweg tista' tagħti donazzjoni flok is-souvenirs lill-mistednin.

- Għal party tal-Birthday, heġġeġ lil ħbiebek jagħmlu donazzjoni minflok rigal.
- Għall-anniversarju tat-tieg, heġġeġ lill-mistednin jagħtu donazzjoni flok rigal.
- Għall-funerali, ikkunsidra donazzjoni flok fjuri.
- Hruġ għall-ikel ma' ħbieb: organizza ġbir għal donazzjoni.
- Jew forsi tikkunsidra tibgħatilna xi haġa kull xahar.
- Heġġeġ 'il haddieħor jibgħat donazzjoni.
- Staqsi lil min iħaddmek biex joħroġ somma daqs dik li tkun ġbart mal-kollegi tiegħek tax-xogħol.

Sir HELP-SJAF Champion u saqsi l-ħbieb u l-familja biex jgħamlu donazzjoni.

IKKUNTATJANA: info@antidemalta.org

GRAZZI!

NWEGĦDU LI NITOLBU GĦALIK U L-FAMILJA TIEGĦEK