

Inizjattiva Y-Assist

- **akkomodazzjoni b'sapport għal tfajliet tqal u ommijiet vulnerabbli**

Servizz li jilhaq il-ħtiġijiet ta' tfajliet tqal u ommijiet vulnerabbli bit-tfal.

Is-servizz jinkludi:

- **Akkomodazzjoni** ta' mhux aktar minn sena; l-ommijiet jieħdu ħsieb l-akkomodazzjoni tagħhom u tal-ispazju komuni;
- **Programm edukattiv** għall-iżvilupp personali u inter-personali;
- **Attivitajiet** prattiċi biex l-ommijiet ikatru l-kunfidenza u l-istima;
- **Kollaborazzjoni** ma' aġenziji oħra f'setturi differenti;
- **Hajja indipendenti**: għajnuna biex isibu impjeg skont iċ-ċirkostanzi tagħhom, u kif ukoll isibu fejn joqogħdu.

Kontenut tal-Programm Edukattiv

Żvilupp personali

- ⇒ Aċċess għal taħriġ dwar it-tqala;
- ⇒ Kif jevitaw imġibiet riskjużi;
- ⇒ Kif iħarsu s-saħħa fiżika u dik mentali;
- ⇒ In-nutrimient;
- ⇒ L-immaniġġjar tal-flus u tad-dar;

Żvilupp inter-personali

- ⇒ Kif jibnu u jmantnu relazzjonijiet pożittivi;
- ⇒ Ir-relazzjoni bejn il-ġenitur u t-tfal;
- ⇒ Aċċess għal taħriġ dwar t-trobbija tal-ulied.

Għall-aktar informazzjoni ikkuntatja lis-social worker tiegħek.

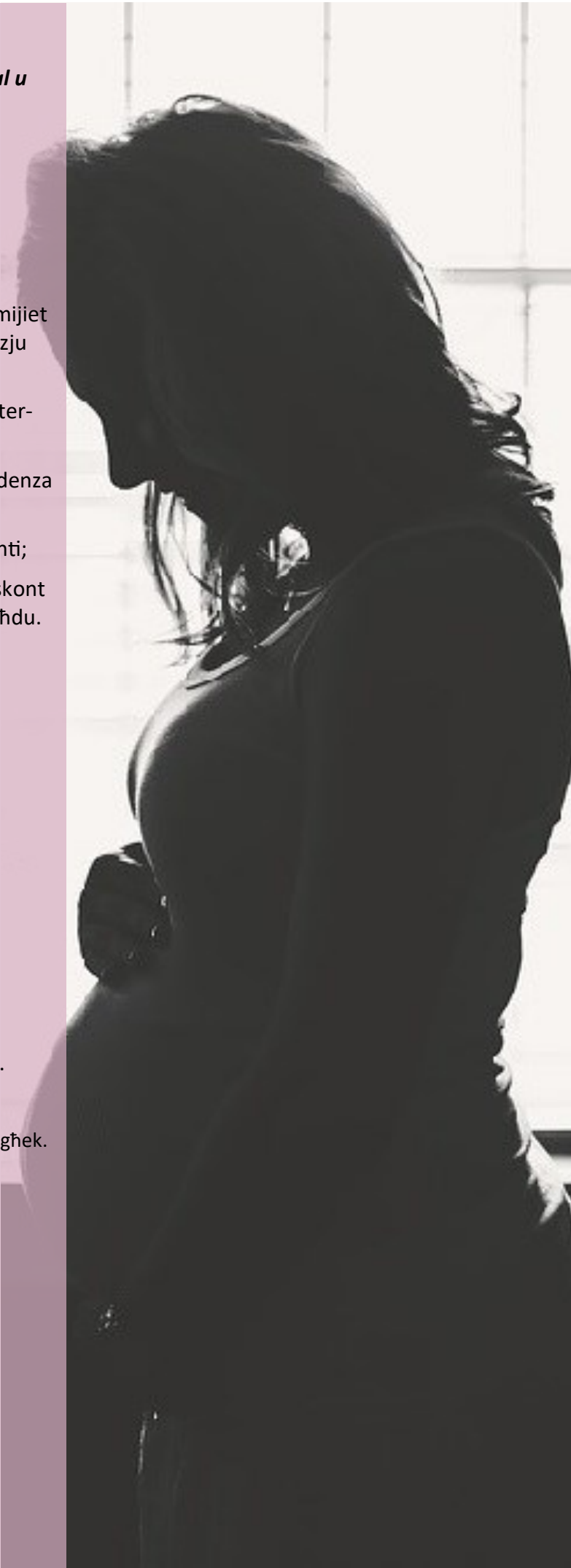
Inizjattiva ta':



Bi sħab ma':



Fondazzjoni St Jeanne Antide



Y-Assist Initiative

- *supported accomodation for vulnerable young mothers and mothers-to-be*

This service is in support of vulnerable pregnant women and young mothers with children.

The service includes:

- **Accommodation** for a period not extending one year. The young person will be responsible for managing her accomodation and sharing in the upkeep of common areas.
- **Educational programme** which is aimed at the personal and inter-personal development of the mother or mother-to-be.
- **Practical activities** to help in the self-actualisation of the client.
- Cross agency **collaboration**.
- **Independence** - the aim is to help young mothers to become independent. Financial independence would be the main aim.

The Educational Programme involves:

Personal Development

- ⇒ Ensuring access to parenting skills training;
- ⇒ Learning to recognise and avoid risky behaviour;
- ⇒ Taking care of one's physical and mental health;
- ⇒ Nutrition;
- ⇒ Household and financial management.

Inter-personal development

- ⇒ Guidance on how to build and maintain positive relationships;
- ⇒ The relationship between parents and baby;
- ⇒ Training on how to take care of children and babies.

Ask your social worker for further information.

An initiative of:



in partnership with:



St Jeanne Antide Foundation

